



July 2007

Filler Update

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From smoothing your crow's feet to treating burns, the latest injectables are filling more than just wrinkles.

Sculptra

Like other soft tissue fillers, Sculptra is injected into key areas of the face – such as the cheeks, jowls and nasolabial area – and each treatment results in an immediate volume increase. What sets Sculptra apart from the crowd are the progressive and long lasting volume, tone and texture improvements that follow gradually. “Over time, it repositions sagging skin, decreases loss of fat, collagen and elasticity and softens lines and wrinkles,” says cosmetic dermatologist **Dr. Earl Minuk of the Laser, Skin & Hair Centre in Winnipeg**. “It’s really a wonderful way to volumize, contour and reshape, and the results last for a minimum of two years.” Sculptra is comprised of poly-L-lactic acid, a compound that encourages the body to produce collagen. **Dr. Minuk** recommends approximately 3 to 4 treatments for lasting, consistent results. “During the first treatment the product goes in as a template, and then the body is stimulated to make collagen. During the second and third treatments the face is contoured and more dramatic results are seen during these treatments.” Side-effects include minimal redness, swelling and occasional bruising. Each treatment costs about \$1,000-\$2,000.